



Paul A. Salmen, MD

Family Medicine

“I try to listen first,” says Dr. Salmen about his style of care. “I insist on scheduling plenty of time with my patients. I want them to leave our visit feeling like they have been understood and ready to share in a plan for their best health.” He works to build a trusted team of medical assistants and schedulers to give patients the best access and follow up. Dr. Salmen offers convenient access in person, online and with urgent care visits. “I most enjoy the opportunity to know my patients and their families over a span of many years,” he adds. “I am honored to care for three and four generations of the same family.”

MEDICAL EDUCATION

B.A.: Psychology, Colorado College

M.D.: University of Minnesota School of Medicine

RESIDENCY

Family Medicine, St. Joseph’s Hospital, Denver, CO

BOARD CERTIFICATION

American Board of Family Practice

AFFILIATIONS

Member of American Academy of Family Physicians; Colorado Academy of Family Physicians; Colorado Medical Society; Assistant Clinical Professor of Family Medicine, University of Colorado, Denver; Valley View Hospital, Active Medical Staff since 1983; Medical Director: Youth Recovery Center, Valley View

COMMUNITY INVOLVEMENT

Together with his wife, Dr. Salmen helped produce “The Mother’s Day Mile” for the Advocate Safehouse Project. Dr. Salmen also coached Glenwood Springs High School basketball for 11 years.

Dr. Salmen continues to teach medical students from the University of Colorado. For over three decades he has treated troubled adolescents as the Medical Director of the Youth Recovery Center.

PERSONAL INTERESTS

Cycling, hiking, swimming, triathlon, drift boat fly fishing and spending time with family

GMA

Glenwood Medical Associates

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