



Emily Zerba, DO Family Medicine

Dr. Zerba chose family medicine as she hopes to build personal connections with entire families, as well as the larger community of Glenwood Springs. Her experience as a ski instructor for disabled skiers heightened her interest in pursuing her DO (Doctor of Osteopathy). She enjoys treating the whole person—body, mind and spirit. This unique care approach also includes complementary therapies like Osteopathic Manual Therapy (OMT), dry needling and cupping. “I like to foster open communication,” she explains about her doctor-patient relationships. “It’s about presenting multiple treatment options and letting patients make informed decisions about their own health.”

MEDICAL EDUCATION

D.O.: University of New England College of Osteopathic Medicine, Biddeford, ME

RESIDENCY

St. Anthony North Family Medicine, Westminster, CO

BOARD CERTIFICATION

American Board of Family Medicine

OTHER CERTIFICATIONS

Andrew Weil Center for Integrative Medicine

PERSONAL INTERESTS

Teaching adaptive sports for the disabled, skiing, road and mountain biking, hiking and exploring the Roaring Fork Valley with her family

At this point in time I am accepting new patients.

GMA

Glenwood Medical Associates

Glenwood Springs: 1830 Blake Ave New Castle: 820 Castle Valley Blvd, #210

970-945-8503 | glenwoodmedical.com